

A Better Way To Pray By Andrew Wommack

Discovering a New Foundation for Connection with God

For countless believers, prayer can feel like a monologue in an empty room. It is a duty, a chore, or a last resort when human effort has failed. Many Christians struggle with the same cycle: they pray, they feel unheard, they grow discouraged, and they eventually pray less. This struggle is so common that it has become a silent epidemic in the modern church. It was this exact frustration that led Andrew Wommack to write and teach extensively on what he calls **A Better Way To Pray By Andrew Wommack**. His message is not merely a new technique but a radical shift in perspective—a return to the simplicity and intimacy of the relationship God always intended.

Andrew Wommack's teaching on prayer is built on the premise that most of what we have been taught about prayer is rooted in religion, not relationship. He challenges the traditional view that prayer is about changing God's mind or twisting His arm to get what we need. Instead, he presents a biblical framework that shows prayer is about partnering with a God who is already on our side. This article explores the core principles of that teaching, offering a fresh, liberating, and scripturally grounded approach to talking with your Heavenly Father.

The Problem with Religious Prayer

Before we can embrace a better way, we must first understand what is wrong with the old way. Wommack argues that much of Christian prayer practice is borrowed from pagan concepts of appeasement. When people feel distant from God, they often try to earn His attention through eloquence, repetition, or emotional intensity. This mindset assumes that God is reluctant to bless us and that we must persuade Him to be good.

The Misunderstanding of the Lord's Prayer

One of the most profound points in **A Better Way To Pray By Andrew Wommack** is his interpretation of what is commonly called the Lord's Prayer. He points out that Jesus gave this prayer as an example to correct wrong praying, not as a formula to be repeated mechanically. When Jesus said, "Pray in this manner," He was providing a pattern or a framework, not a script. The religious leaders of the day prayed long, repetitious prayers to be seen by men. Jesus told His disciples to avoid that kind of vain repetition.

Wommack teaches that the Lord's Prayer begins with relationship: "Our Father." This is not a distant, angry deity. This is a loving parent.

The prayer then moves to submission, dependence, and forgiveness—all attitudes of the heart, not rituals of the lips. When we treat this prayer as a lucky charm or a required recitation, we miss its entire purpose. A better way is to use the principles behind the prayer to guide our own natural, heartfelt conversation with God.

Prayer Is for Us, Not for God

Perhaps the most liberating truth in Andrew Wommack's teaching is that prayer does not change God; it changes us. God already knows what we need before we ask. He is already more willing to give than we are to receive. So why pray? Prayer aligns our hearts with His heart. It opens our spiritual eyes to see what He is already doing. It positions us to receive what He has already provided.

Receiving, Not Begging

This shift from begging to receiving is at the heart of **A Better Way To Pray By Andrew Wommack**. When we understand that God has already given us all things in Christ, prayer becomes an act of receiving by faith. Wommack often uses the analogy of a pipeline. God's blessing is like a reservoir of water. Prayer is the pipe that allows that water to flow into our lives. We do not pray to get God to provide water; we pray to open the pipe and let what is already there come through.

This removes the heavy burden of trying to convince God to love us or bless us. He already does. Prayer becomes a joyful collaboration rather than a desperate negotiation. When you realize that the battle is already won, your prayer life transforms from a conflict into a

celebration.

The Role of Faith in Prayer

Andrew Wommack is well-known for his strong emphasis on faith, and his teaching on prayer is no exception. He insists that prayer without faith is just empty words. But what does it mean to pray in faith? It means believing that you have received what you ask for at the moment you pray, not when you see it manifested. This is not positive thinking or mind over matter. It is acting on the integrity of God's Word.

Resting in the Finished Work

One of the most unique aspects of **A Better Way To Pray By Andrew Wommack** is the concept of rest. Wommack teaches that faith is not a struggle; it is a rest. When you truly believe that God has already done everything He is going to do through the death, burial, and resurrection of Jesus, you stop trying to make things happen and start trusting that they are already done. This is the rest of faith.

In prayer, this means you do not have to beg God to heal someone or provide for you. You simply thank Him that it is already done in Christ and then agree with that truth. Your prayer becomes a declaration of what God has said rather than a request for what you hope He might do. This approach removes the anxiety and striving from prayer and replaces it with peace and confidence.

Praying from Identity, Not Desperation

Another cornerstone of this teaching is understanding who you are in Christ. Most people pray from a place of weakness and unworthiness. They approach God as a beggar, hoping for mercy. But the New Testament reveals that believers are seated in heavenly places in Christ Jesus. We are co-heirs with Christ. We have been given authority.

Understanding Your Authority

When you pray from a position of identity, you pray differently. You are not a victim asking for help; you are a child of God enforcing the victory of the cross. Wommack teaches that much of what we pray for has already been given to us. Our job is not to ask for it repeatedly but to receive it by faith and enforce it in the spiritual realm through our words.

This is especially relevant when praying for others. Instead of begging God to heal a sick friend, you can speak to the sickness with the authority Jesus gave you. This is not arrogance; it is faith in the finished work of Christ. **A Better Way To Pray By Andrew Wommack** empowers believers to step into this authority with humility and boldness.

Practical Steps to a Better Prayer Life

Understanding the theology is important, but it must translate into practical daily living. Here are some actionable steps based on

Andrew Wommack's teaching that can help you move from religious prayer to relational conversation.

- **Start with Thanksgiving:** Before you ask for anything, spend time thanking God for what He has already done. This aligns your heart with His goodness.
- **Use Scripture as Your Foundation:** Pray the Word of God back to Him. Find promises that relate to your situation and declare them. This builds your faith and ensures you are praying according to His will.
- **Talk to God Naturally:** Forget the formal language and religious tone. Speak to God as you would a loving Father. He is not impressed by eloquence; He is moved by faith and honesty.
- **Pray in the Spirit:** Wommack strongly advocates for praying in tongues as a way to build up your faith and pray beyond your own understanding. It bypasses your mind and allows your spirit to communicate directly with God.
- **Stop Begging and Start Receiving:** When you pray, believe that you have received what you asked for. Thank Him for it and act like it is true. This is the essence of faith-based prayer.

Overcoming Common Obstacles

Even with a better understanding, believers often face roadblocks in their prayer life. Andrew Wommack addresses several of these directly in his ministry.

The Problem of Unanswered Prayer

One of the biggest stumbling blocks is the feeling that prayers go

unanswered. Wommack teaches that God always answers, but we often look for the wrong thing. Sometimes the answer is “yes,” sometimes it is “trust me,” and sometimes we have already received it in the spirit but it has not manifested in the physical yet. The key is to not judge God’s faithfulness by your circumstances. Instead, judge your circumstances by God’s faithfulness.

The Guilt Factor

Many people feel unworthy to pray because of sin or failure. Wommack points out that the blood of Jesus has already cleansed us. We do not approach God based on our performance but on the righteousness of Christ. If you wait until you feel worthy to pray, you will never pray. The better way is to come boldly to the throne of grace, receive mercy, and find grace to help in time of need.

Why This Teaching Matters Today

In a world filled with anxiety, fear, and uncertainty, people need a prayer life that works. They need a way to connect with God that brings peace, not pressure. The teaching of **A Better Way To Pray By Andrew Wommack** offers exactly that. It strips away the religious layers that have hidden the simplicity of the gospel and presents a Father who is approachable, loving, and generous.

This is not just another method or a seven-step program. It is an invitation to intimacy. It is a call to lay down the struggle and enter into the rest of faith. When you discover that prayer is not about getting God to do something but about realizing what He has already done, everything changes. Your prayer life becomes a source of strength, joy, and supernatural power.

A Conclusion on the Better Way

Andrew Wommack’s message on prayer is a welcome correction to the fear-based, performance-oriented religion that has plagued so many believers. It returns prayer to its original purpose: a loving conversation between a child and their Father. It is not about eloquence, duration, or emotional intensity. It is about faith in the goodness of God and the finished work of Jesus Christ.

If you have been struggling in your prayer life, feeling like your words bounce off the ceiling, take heart. There is a better way. It is not a new way; it is the ancient path of grace that has always been available but often overlooked. Embrace the truths in **A Better Way To Pray By Andrew Wommack** and watch your relationship with God transform from religious duty into the most joyful and powerful part of your day. Prayer is not a burden to be carried; it is a gift to be enjoyed. Start enjoying it today.